Dear Parents,

S&P
Hunter for always trying his best and for being a great listener

PS
Jesse – for improved neatness in his Mad Minute.
Isabelle – for always working hard and listening well.

LL
Nur Umairah – for improving efforts in mathematics and for using good manners.

MACS
Patrick – for being so well behaved and participating well in class.
Lara – for her positive attitude and great participation in class.

March
None this week

DATES TO REMEMBER
18th March P&C Meeting – 7:00pm – All Welcome
3rd April Good Friday
4th April Easter Saturday
6th April Easter Monday
7th – 19th April Easter Holidays
20th April Term 2 Begins
25th April Anzac Day

SAUSAGE SIZZLE IS ON EVERY FRIDAY
with sausages and Home Ice Cream.
Sausage and bread $1.20
Ice block $1.00
Sausage and Ice Block deal $2.00

Roster – Term 1
February
13th March – Karyn Dickson
If you can find time to roll some sausages around a hotplate on the odd Friday, please contact Sue-Anne or our office so you can be added to the roster.

EASTER RAFFLE DONATIONS
Thank you to those families who have already donated eggs.
There are boxes in the classroom for donations or you can drop them into the office.

$5 000 CLASSROOM MAKEOVER – COLLECT THOSE TOKENS FROM THE NEWSMAIL
So far we have collected 210 tokens – great work so far – only 6 days to go, keep collecting everyone.

A token will be published daily in the paper from Saturday 14 February to Monday 16 March 2015.

Please place all tokens in the locked boxes in the classroom or drop into the office.

Happy Collecting!!!

SCHOOL RULES
Our school has identified the following 3 overriding school rules to teach and promote our high standards of responsible behaviour. They’re all based on the idea of “caring”:
• Care for yourself
• Care for others
• Care for your environment

Caring for others can be as simple as cleaning up after yourself.

SPELLODROME HIGH FLIERS
Students in the Macs class only have to score 300 points in Spellodrome each week. However, quite a few live up to our school motto of “Aim Ever Higher” and go well beyond that minimum expectation.

Special congratulations to Indi (1 120 points), Cloe (1 000 points), Jack W. (1 000 points), and our top scorer, Xander (1 155 points) who all finished with fantastic scores in Spellodrome last week.

Kind regards,
Our next meeting will be held in the Library this coming Wednesday 18th March from 7:00pm.

BOYS/GIRLS TENNIS 2015

Attention: Principal and Teachers of Sport

Nominations are being called from all schools in the Bundaberg Zone for boys and girls to attend the 2015 Tennis Trials.

Trial Date: THURSDAY 12th March 2015

Time: 8.45am-3.00pm

Where: Rotary Tennis Courts, George Street (entry off Tantitha Street)

Who: Boys and Girls borne 2003, 2004, 2005 (only exceptional 10 year olds) who display a high level of skill. These trials are in the dorm of a tournament whereby the top 4 in each boys and girls competition will be selected in the Bundaberg team if they perform at a competitive Wide Bay level. As these tournaments are time consuming, please do not include beginner players or players who simply interested in having a go.

Cost: $12 a player to be paid on the day to cover court hire and the purchasing of tennis balls.

What to bring: School sports uniform, shoes and socks, hat/cap, sunscreen, water bottle, food for the day (no canteen in operation)

Training: For those selected, there will not be any training afternoons as these players are usually under the direction of coaches.

Nomination Forms: These must be sent/faxed/emailed to me by the 9th March 2015 in order for the players to be seeded and the tournament drawn up.

NAOMI SHIELD
NORVILLE STATE SCHOOL
PHONE: 41 326 333
EMAIL nshie5@eq.edu.au

2015 Trials for Bundaberg 10-12 Years Schools’ Representative Rugby League Teams

Venue: Salter Oval

Dates: Tuesday 17 March, Thursday 19 March, Tuesday 24 March, Thursday 26 March (if needed).

Times: 3.30 pm – 5.00 pm


Soccer is an extremely popular zone sport. Please send ONLY those girls and boys who display a high level of skill and have a good understanding of the game. Keep in mind we are only selecting one team of 14 players. (boys and girls)

NOMINATIONS-

Please nominate through your school. Your school can then email names through before the day saving valuable time on the first day.

Please ensure all students bring along a completed Zone Nomination Form to the trials.

Paul Ash - Convenor
Avoca State School
E-mail – pash10@eq.edu.au
ALL PLAYERS MUST WEAR A MOUTHGUARD WHEN TRIALLING/PLAYING!

- All players need to bring a water bottle and training gear.
- If selected, games will be held against: Rockhampton, Gladstone, Mackay (all in Rocky and Bundaberg) and Wide Bay Trials (11’s & 12’s only) in Term 2. If you can’t make it to the Bundy trials on any particular day (i.e. due to other representative sport) please turn up on the day(s) you are available.
  - If selected for Wide Bay U11’s, State Championships are in Rockhampton.
  - If selected for Wide Bay U12’s, the Queensland team trials are in Longreach.
  - There will be two (2) Queensland U12 teams selected this year to attend Nationals in Darwin.
  - Teachers sending prospective players, please ensure they bring a BDSSA nomination/medical form and players are of a standard to be considered to make a representative team.

Please forward any queries to Tony Groom (President 8 10-12 Yrs SRL), Thabeban State School - Ph 41508333

HOCKEY 2015

Nominations are being called from all schools in the Bundaberg Zone, for Girls and Boys to attend the 2015 Hockey Trials.

EVENT - U/12 Hockey Trials
ELIGIBILITY – Girls and Boys born 2003, 2004 or 2005
TRIAL DATE – Tuesday 24th March & Tuesday 31st March
TIME – 3:45pm – 5:00 pm
WHERE – Hinkler Park, North Bundaberg

WHAT TO BRING - school sports uniform; sunscreen; water bottle; shinpads; hockey stick; mouthguard and completed Zone nomination form

TRAINING – dates will be confirmed to players upon selection in the team.

NOMINATIONS -

Please ensure all students bring along a completed Zone Nomination Form to the trials.

Paul Green – Convenor 0413 294 324
Burnett Heads/Bundaberg South/Bullyard/Booyal Central
State Schools
E-mail – pgree47@eq.edu.au

LOVE THE MUSICAL!
with Jack McGovern

This workshop is for children of any age interested in performing on the stage. If you enjoyed being in the school musical, you will love this. We’ll be working on singing and acting skills that a musical theatre performer uses every day.

Come along and join the fun!

More details: See Mrs Mac!
"Persistence and patience have a magical effect before which difficulties disappear and obstacles vanish." John Quincy Adams

The ability to persist at a task and see it through to the end is one of the most important success attributes that you can develop in a child.

There are numerous times every day when children must persist rather than give in. A young child learning to tie shoelaces must persist. A primary aged student must show determination to finish tasks and a secondary student needs to work through difficulties, particularly those he doesn’t understand or complete right away.

They need to be able to persist when work gets hard or life gets tough. They need the ‘stickability’ to work through difficulties and hang in there when things don’t go their way.

Some children are more naturally predisposed to persist than others. They have a determined, even competitive streak in their temperament that doesn’t allow them to give in. These children and young people can drive themselves very hard to succeed.

The results of the Australian Temperament Project show that persistence is the one temperamental factor that can be improved over time. Parents and teachers can develop persistence in children and also impede its development by making life too easy for children so that they don’t have opportunities to persist or hang in there.

Parents can promote persistence by encouraging their children to keep going and not give in at the slightest hurdle or difficulty.

Parents can be a sounding board for children’s gripes but they should show confidence in their ability to cope and get through their difficulties. “You can do it” is far more powerful in terms of promoting an attitude of persistence than “If it is a little too hard then try something else.”

Let children know that there is a correlation between effort and success. In fact, they need to learn that by giving effort they will more than likely experience more success. The ability to persist in the face of difficulties maybe an old-fashioned quality but it is one of the best success attributes that children will ever develop.

Here are four practical strategies you can use to promote a sense of persistence in your children:

1. **Develop a vocabulary for persistence**
   - Words like “Hang tough”, “Work Hard” and “Hang in there” can become part of their every day vocabulary.

2. **Point out to children when they stick at a task**
   - Most parents know it pays off when they catch their children being good but it also pays off to catch them being persistent. The behaviours you focus on as parents expand so let them know when they have been persistent. Also remind them that persistence generally pays off.

3. **Help children to remember times when they experienced success**
   - Help them remember how they felt when they had achieved success. Hangering in when they were younger. Let them know that persistence has paid off before and it will again.

4. **Talk about HARD WORK with your children**
   - They need to understand that to be successful they need to do things that are NOT fun or easy. While it would be good if all work and learning was fun, in reality, this is not always the case.

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**Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael’s NEW Parenting Ideas Club today at parentingideasclub.com.au. You’ll be so glad you did.**